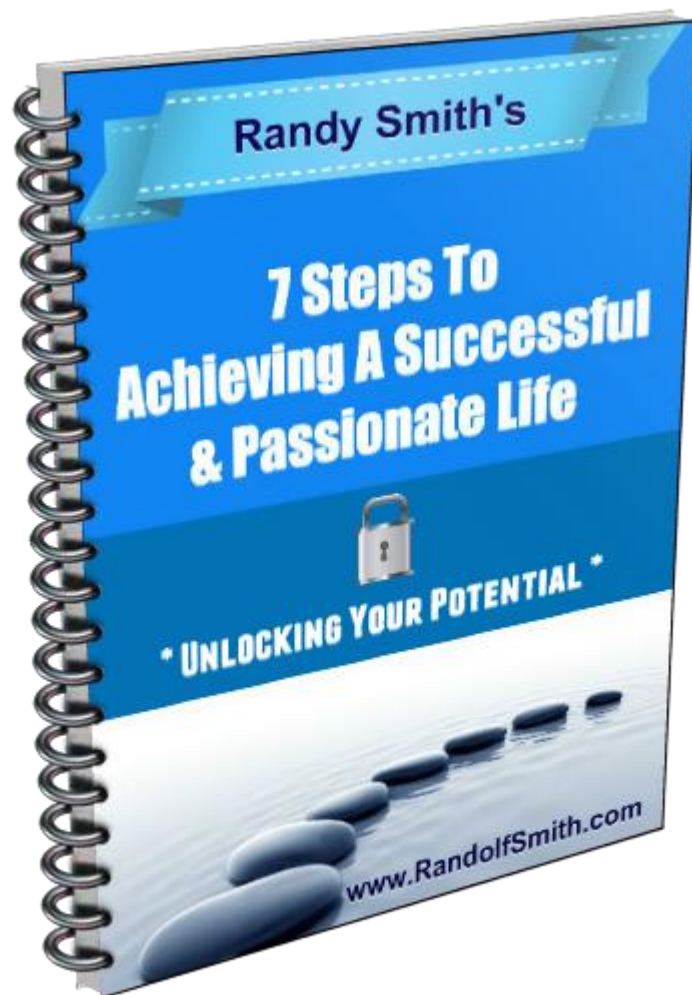


7 Steps To Achieving A Successful & Passionate Life



A SUCCESSFUL & PASSIONATE LIFE

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ABOUT THE AUTHOR



About Randy Smith.

Where to start? *(with a 10year old picture of course, just like dating sites...lol)*

Well my full name is Randolph, but it's rarely used. *(Unless I'm in some sort of trouble ;))*

At the time of writing, I'm 55 years old and I've lived.

With 4 grown daughters and at the last count, a dozen grandchildren, I now live with my current wife and 2 teenage step daughters. *(Yep, gluten for punishment, but don't tell Rachel I called her my current wife!)*

Career wise.

I started out following my father's footsteps into the building trade, but in my early twenties moved into direct sales & marketing.

Working up from Salesman to Sales Team Manager in various Direct to Consumer sales positions, I did very well for over 20years. I won a lot of top salesman awards, as well as Top performing teams awards. Along with the prizes, holidays, events etc. that come with beating targets, setting new records and breaking paradigms.

That lead to some highly paid freelance consultancy in sales & marketing and sales training, and even owning my own retail store. *(That eventually went bust in 2006 - Can't win them all!)*

My memories of those days, when I was a lot younger and 'money focused', are a lot like the movie plot 'The Wolf of Wall Street' *(without the dwarf throwing)*

Re the internet:

When my offline business failed in 2006, I had already been dabbling on the internet to make money online for a few years with very little success.

Luckily for me, I found a great coach/mentor, and was earning enough to pay my bills just as my previous fortunes & things were taken due to bankruptcy.

From 06 onwards I built sites, created products, had some great launches that lead to some equally great partnerships and enough income to fund my new laidback camping and outdoor lifestyle. Rekindling childhood passions, but with a little more luxury thrown in :)

Which brings us to around now.

Hitting 55 in November of 2017, I reflected on everything I've achieved, and all the amazing things I've done or tried that have filled my memory banks with enough for more than one or two biographies.

It also made me realise I had different goals than my business partner. So, we arranged for him to take over the two companies we created (*keeping a small recurring income stream*), while I spend more time with my family.

That said - I'm not one to stop doing what I love, spending time with family, and my other passions now fill my days. And my sense of fulfilment now comes from coaching, writing, sharing and generally playing around online.

I maintain great relationships with my former business partner, and colleagues I've met online and got to know in real life, which is very handy, as through the years I've always been a complete and utter technophobe, and totally useless at anything techy.

And if you want to know any more that this lot. Book a call and prepare to be bored sh*tless. (*I do swear and cuss a lot in real life - but very rarely in my writing and marketing ;))*

Enough about me. Here's hoping I can get to know you too someday.

Warmest Regards

Randy

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From The Home Office of Randy Smith

Dear Colleague,

Decide What You Really Want, Why, The Benefits, The Costs.

Welcome to this 7 step course, It's my genuine and sincere wish that this helps you to achieve the life you want and desire.

If all it does is sets you on your way - then that's something I can be equally as proud of as you can.

But who knows - it may just be the switch that reveals a new way, a different path leading to a whole new life, a life you've previously only dreamt of.

As with all things - there will be some effort required, and if you really believe anything worth having will come without effort - then we need to work on those beliefs.

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## 1. WHERE ARE YOU, & WHERE DO YOU WANT TO BE?

Everything in life is a journey, and every journey has a starting point and an original end point in mind.

*(I say original end point, because so many journeys can get you to where you thought you wanted to be, only to realise somewhere along the way that you may wish to reconsider where you finally end up.)*

**In fact, many say and believe there is no real end to any journey, as there is always somewhere else to see, to discover, to explore.**

But for now - we'll assume you have an end point, buried somewhere in your mind, of where you think you'd like to be.

So where do you start?

Well, as with any place you're intending on going, we have to start with where you are.



Grab some paper or a pc text file, or even a recording device... anything that you can make a record on, in a way you can review it whenever you want to... and start thinking about where you are right now.

Are you happy, happy with life, with where you live, the car you drive, the clothes you wear?

Are you content in your personal circumstances, does your family, or others you care about, have what they need to enjoy life?

Generally - describe your circumstances as you currently see them.

Then make additional notes on how you feel about them. Study what you really would like to change. Give serious thought to any initial 'dreams' you had.

Again - really consider the dreams you thought you wanted to achieve and ask yourself if they really are what you truly desire, based on how unhappy you are with where you are now.

**If you've done that, the next challenge is to give some serious consideration to where you want to be.**

**What is the destination of your dreams?**

Are they real goals or fantasy dreams?

For example - if you thought you want to be Rich & Famous.... You need to ask yourself if that's really what you want?



Or would you rather just be Rich without the hassles of being famous?

And if so – Why?

Why do you want to be Rich?

How much would it take for you to consider yourself Rich?

You see - being Rich in itself, isn't really a destination to work towards.

It's the benefits of being Rich that most people want!

To be able to buy the things you really would like, or treat family and friends to their dreams, to travel anywhere in the world you want to see, to not have to work if you decide you'd like a day with a loved one...  
the list could go on forever.

The point I'm trying to make here is that the Money side of being Rich isn't necessarily a goal - the money is just a tool to achieve your real goals.

To finish today's thoughts, after establishing where you are... you need to decide where you want to be.

Find your current starting point... write or record it somewhere.

Then decide on an initial end destination and work out what's required to achieve that destination... it could be an amount of money, or a certain type of job, it may require more education or training...

Basically, it will need you to establish exactly what you need to be, do and have, in order to consider yourself as having arrived at where you really want to be.

In the next step we'll look at how we move from Point A (*where you are now*) to Point B (*where you want to arrive at*)

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2. THE DIFFERENCE BETWEEN POINT A & POINT B

Hopefully if you completed the task in step one, you should have a record of where you are in your current circumstances.

By that I mean whether you're happy and content with your life in general, with your relationships, your finances, your home etc.

Then you should also (*hopefully*) have a written idea of where you'd like to be.

If you've given some serious thought to this, it won't just be Rich or Famous or worse still a lottery winner married to royalty...lol

Seriously,

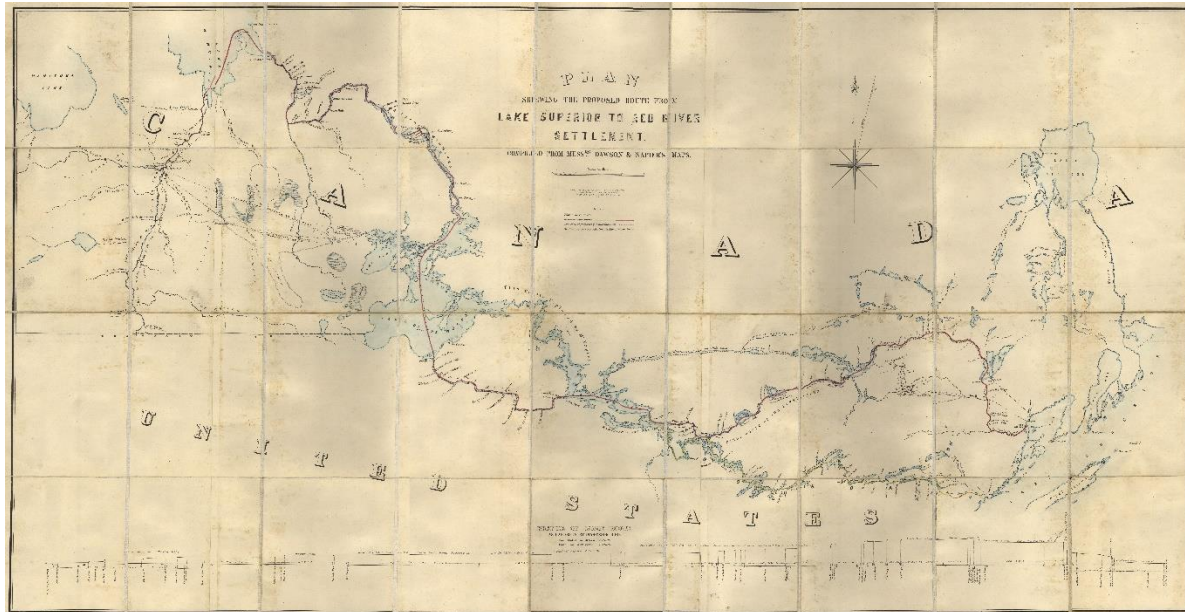
I hope you took on board the suggestion to really think about what you want from your life, and if you did then you'll have a good idea of the type of home you would really like to have.

The quality of relationships you'd love to share in and be a part of, and probably the amount of money you'd like to have at your disposal.

What's more - these will hopefully be realistic dreams of the things that would truly make you a very happy person, and not just some wishy-washy pipe dream that you wouldn't really want if put into those situations.

OK, having established exactly what you truly desire – this gives you an end point to your journey, so the next task is to Plan.

Yep - you need a map of how to get to where you'd like to be...



Most people call this goal setting, and that is what it is - but many don't really understand the concept, you may, but for simplistic clarity I'd like to use the MAP analogy.

If you were about to head out of your home to go and get your shopping, the food supplies you want and need for the week or month ahead - you would have a plan in mind.

You'd set off from your home with a clear goal of where you want to end up arriving, naturally at your favourite store.

There will be a route that you would have mapped out in your mind, and however you travel, you'll follow that route.

It may be that there are obstacles to your 'usual' journey, but that won't present many problems - just an inconvenience as you'll need to go Plan B and find an alternate route... but the last thing you'd do is completely abandon the plan to buy food just because one road was blocked!!

**I'm going to suggest that what's now required is for you to treat your 'life' goals in the same way...
Plan a Route.**

Work out the difference between where you are and where you'd like to be. Have a look at what would be required for the difference between the two points to be travelled.

Does it seem like an impossible task or an easy one?

With a lot of people, it always seems to appear like an impossible task. Therefore, it needs to be broken down into smaller objectives and a time frame.

You wouldn't expect to arrive at the store and find all your shopping waiting for you bagged up and ready to take home would you... of course not.

Well arriving at a better life will be no different... there will be obstacles on route and it may seem a massive journey, but as the old saying goes...

"A journey of a thousand miles starts with a single step"

If you can set a time scale on when you would wish all your goals accomplished by - this will then give you something to work towards...

Then you'll need to break down the difference into a level of improvements to your situation that would need to be in place month by month to get you nearer and keep you on track to achieving them.

Doing this is a bit like deciding which route you're using to go to the store... if there is a blockage and a detour - you'll soon realise that you need to go an alternate route.

So, do consider when you break things down - just how much you need these contingency plans in place.

Eventually you should arrive at some smaller and hopefully easier to manage 'chunks' of improvements.

How are they... does it look like you can achieve them - or are they way beyond your current circumstances?

Have you been honest with yourself in setting these objectives?

Once you know where you're going, and have broken the 'journey' down into smaller steps, you should have smaller easier to manage objectives.

These should be stretching - but not impossible.

If they seem insurmountable - it could be that other things are now needed, possibly more education, equipment or partnerships, or even funding to get things off the ground.

Whichever way you look at it - there will be steps you need to take to make a start to the new life you want.

It could well be that you now discover that more steps are required, and you may have to adjust your time frame for their achievement.

This may lead to another dilemma...

Do you really want what you've set your heart on enough to make all the changes necessary?

Or do you need to start again and plan a different end point, to act as a new starting point?

(In step one we mentioned that there is No Real End to any journey of self-discovery and improvement, most times, one journey's end leads to another starting point)

And finally - is your motivation strong enough to make you do what needs doing?

In step 3 we'll look at what will cause you to take the necessary step to get started and then keep moving.

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### **3. SET YOUR GOALS WITH PASSION IN MIND**

Have you completed Step 1 and decided what you really want?

How is Step 2 progressing?

Do you now know what needs to be done to set things in motion?

#### **Step 3 is a key that many may miss....**

People often decide they would like something better, but when they work out what's involved in moving along their 'journey' to a better self.

It may suddenly dawn on them that they have to put in a lot of effort to achieve what they desire.

Worse still, it becomes apparent that sacrifices have to be made along the way.

It could just be something simple like giving up a few hours of Television and missing their favourite soap.

Or it could be no more nights out for a few months while they study and apply what they need to learn in order to make their start.

This is a point where many will decide that although they're not happy with what they have - they really don't want to 'give up' many of the things they feel are current pleasures.



## Three choices are now available...

### 1 - To give up completely

A great many people do this, and hey - they're entitled to live their lives any way they wish!

Usually they'll fall into the category of people who will say that goal setting and positive thinking don't work etc.

Some will justify their decision by claiming that they are actually happy, now they've thought about it.

And others still will have a bunch of answers at the ready for anyone who asks...

Things like the ones we've heard so often.... *Too Old, Too Young, No Money, No Time, Uneducated, etc.*

I for one, am not going to criticise or judge these people... who really knows their circumstances?

All I can do is offer more insights for those who don't wish to take that route.

The next choice...

### 2 - Downsizing Their Dreams

Some will still want more or better lives than they have, but at the same time, not wish to make all the sacrifices they feel are necessary to achieve their ideal life.

These people will 'Downsize' their dreams... in other words - set themselves smaller targets of achievement,

smaller goals... or be prepared to settle for a smaller percentage of what they had hoped for.

Again, ours is not to judge... merely to offer support and help to get them on their route and help them see that they can still make a difference to their lives, and those around them.

If they go on to gaining a better life, albeit less than the life they'd really like - is that not something to be grateful for... shouldn't they still feel the same pride and satisfaction that anyone has a right to feel for the achievement of any improvement, whatever it may be?

The Final choice

### **3 - To Find Their Passion!**

This is what I believe to be a major key in everything we've discussed so far.

It's my belief that many courses focus too greatly on what people would love to have, I mean wouldn't we all love to have an endless supply of money?... and if you tell me you're altruistic and money doesn't buy happiness etc...

I'll merely quote that it could be freely given away to stop a heck of a lot of suffering, so let's not go there...lol

The point I'm getting to: is that in order to find the motivation and dedication it may take, to move one step at a time nearer and nearer the goals and targets we set ourselves - it will take more than just 'wanting' those things.

It will take more than just deciding you'd like to 'have' more from your life.

In order to keep on keeping on, regardless of the sacrifices you need to make, ignoring the re-adjusted time-scales that may frequently happen, and facing the ridicule of those who would knock you off your plan and drag you back to the 'plodding along' crowd...

**It will take Passion!**



Passion, I firmly believe is the driving force that will make the difference for you, or anybody, to achieve all that you really desire and are prepared to work towards.

If you feel the passion in what you do, if you enjoy doing it, if you love what you do... then there is no pain, there is no real sacrifice, no loss... There is only the satisfaction felt at every step taken nearer one's goal.

If this means you need to re-evaluate how you'll get to your journey's end, then I would seriously consider doing so. Ask yourself if the things you need to do - inspire and excite you?

## **Are you Passionate about what you need to do?**

Have you compared your plan, your map, with that of people you can think of who Live their Lives with Passion?

### **Take two extreme examples as a guide:**

A Boxer is a prime example for one quick look.



Here is an individual that gets no thanks for the effort he puts into his goals.

He will only be viewed by the majority for the 3 minute rounds he stands in a ring.

There may be one, and certainly no more than 15 of them - so everything he does is judged in a maximum of less than an hour.

And yet the preparation and training building up to that 45-60 minutes may have been years, and certainly will have been many months just for that one fight.

Anything up to 10 hours a day punishing himself with arduous and gruelling routines hour after hour, day after day.

It surely can't be for the prize money alone!

Any boxer I've ever spoken to has a burning passion. A desire to be the best – no matter what it takes! And it's that which keeps him keeping on.

### **At the other extreme - A vegetable grower:**



Have you seen these people - Folks who 'Show' their prized Leak or Carrots at an annual fair?

All year round they tend to and nurture their veggies, they water and buy extra special soil and compost.

They can even be seen late at night putting blankets over them if the forecast is for cold weather.

And for what? - a rosette and maybe a trophy at a once a year show!

What motivates them to put in so much effort all year round?

Into something that can be bought over the counter of a local supermarket for pennies?

### **Their Passion is what drives them.**

It takes them one step at a time, nearer their goal.

I can't criticise them, for they are leading fulfilling lives, they have the satisfaction of achieving their goals and desires.

We are all different, we each have different ideas of what we'd like out of life.

But the one thing that separates those who keep on keeping on from those who never do enough to get them to where they'd like to be is the commitment and desire to get there.

**And the fuel for that commitment and desire is the amount of PASSION they have.**



So, when you're looking at your goals - where you'd like to be in life.

When you're working out your plan, the map of how you'll get there...

Ask yourself if you have the right plan?  
Is there sufficient passion in what you need to do to keep you keeping on?

And if not - what can you do about it. Can you find an alternate route that will be passion fuelled?

That concludes step 3

I hope it's given you some food for thought, and that you find your passion, wherever it lies.

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4. PRACTICE ACHIEVING SMALL GOALS

So, let me ask you, did you have to re-evaluate?... did you set new objectives based on something you can get passionate about? - Or were you already feeling that way?

I hope so - because if you have a passion for what you do - there really is no better feeling.

On a side note –

My partner often jokes with people we know - telling them I'm semi-retired, way before pension age - they assume I must be independently wealthy, when they discover I actually work sporadic hours throughout the day and then discover how 'hard sounding' it is, they act surprised, and it usually takes some explaining that I just love what I do - so it's never considered 'work' to me.

Naturally there are occasional things that I may not enjoy as much - but hey... it's always something that needs to be done, in order for me to be able to continue on the paths I've chosen... and I have no regrets.

Coincidentally - when the money is needed (she just tells me what we need). We always seem to find enough for what we want, as well as paying the bills! Life is great when you have a passion in what you're doing to achieve your goals.

Moving on to your next step to achievement.

If you now have a clear idea of where you want to be – the end point of your journey to achievement. And you also have a plan or map in place of how you intend to get there. And finally, you know that you feel passionate about what you'll be doing to move along your route.

The next step is to check your progress, to ensure the route ahead is still the right one.



Going back to our driving to the store analogy - it would be simply listening to the radio for traffic alerts and checking yourself that the road ahead is not blocked... having checkpoints in your mind.

If you get to the next roundabout or junction are you OK to proceed or will a detour be required etc.

Moving along with your life's goal is no different in a lot of ways.

You know where you want to be in the end - but hey, if that's a long way and you can't see that far ahead - then you need to check in somewhere.

As there is no radio to tell you if you're on course, the only realistic way to do this is by breaking things down as we mentioned in step 2.

Decide for yourself where you should be, and at what point in time, in order to know that you're on the right track.

If you're plan involved 5 years of effort - where should you be at year one, then two etc.

But even that can now be broken down into a **month by month review.**

Once you have a destination for each month figured – keep going...

Work out where you should be **week by week, even day by day.**

The idea here is twofold:

One

- The more you break things down the easier each small step will seem, and therefore be far less daunting than the yearly, or overall goal. And that can have a big effect on your motivation and the passion you put into each thing you do.

Two

- As you achieve each of the smaller objectives it will re-enforce your desire and belief in the overall achievement.

It's also a lot easier to make small changes, than it is to continue for say a year, and only then realise that a detour is required... that could potentially be a large detour, however daily and weekly variations will hardly be noticed.

As you reach each weekly goal and then, the monthly goal, it's also important to reward yourself for its achievement. It doesn't have to be a big financial reward (*unless that fits in with your plan*) - it could be something as simple as a small treat to mark the occasion, anything that makes you feel good about where you've arrived at.

For each small goal reached, is a step nearer the larger goals, but also - with each small step that requires slight corrections you can be pleased with yourself for making the adjustments.

Here's where I may drift from conventional thinking again.

Conventional thinking would have you only happy if you realised each objective.

If you had noticed an alteration required due to a missed objective - it would be seen as a failure.

Now to me that can't possibly motivate you can it?

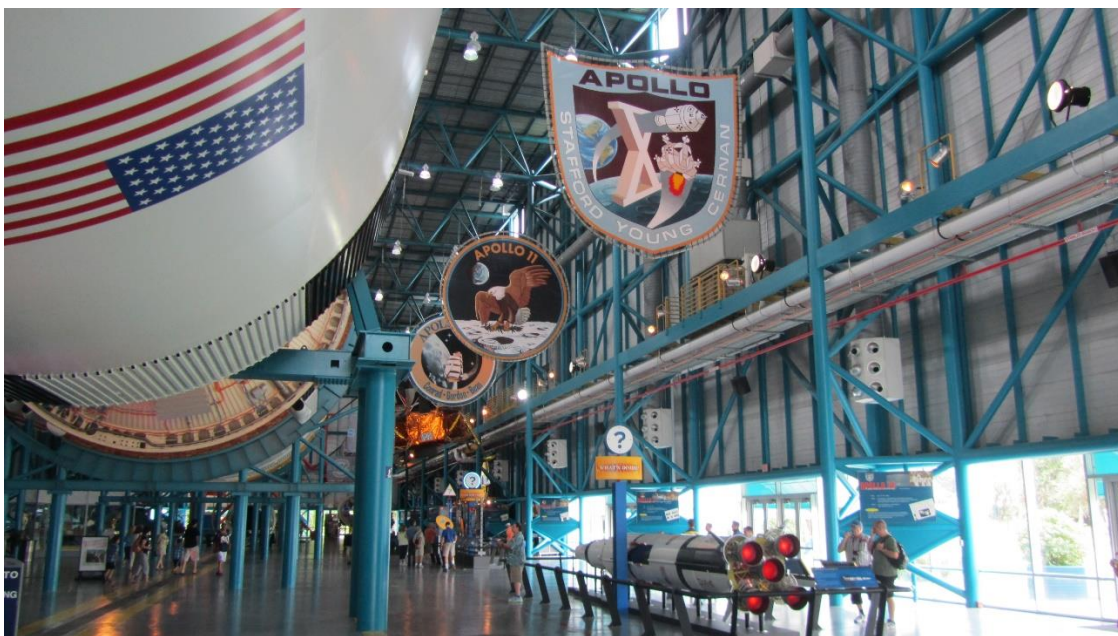
To know that you failed!

So rather than view any corrections in this way - I suggest practising the achievement of small goals with the satisfactory feeling of having reached them.

But if a correction is needed - it's only a small step and will hardly affect the larger goals if the detours are effective, so there is no need for a feeling of having failed.

Instead you will be able to focus on the fact that you're moving forward with passion towards a bigger picture.

Just like the Apollo missions who finally reached their objective - their goal of landing on the moon.



**It's reputed that they were actually
OFF COURSE 98% of the time.**

But by constantly making minor corrections. Having a passion for where they wanted to arrive and keeping on keeping on ... well the rest as they say, is history!

So practice achieving small goals...

It will help you stay focused on the large one, and it will keep your passion moving you forward, one step at a time, nearer and nearer your end point destination.

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## 5. BE GRATEFUL & REVIEW LARGER GOALS

Obviously reviewing a larger goal once reached would sound simple enough... so maybe I should have chosen some better words to describe the journey onwards?

**It's the gratitude along the way that will help you get to those larger goals.**

So the being grateful part is the more relevant here.





As each small goal achieved comes and goes, it may feel as though not much has really been done. Don't let this fool you, each of these steps is one step nearer that larger goal!

Should you achieve one of the larger goals - it may suddenly dawn upon you that you're heading for an even bigger one...

**Regardless of what they are, at some point you may start to worry about how big it really is, this would give doubts and fears a chance to crawl their way back into your mind.**

**We can't allow this to happen!**

So, when you're reviewing the larger goals it's important to focus on the achievement in a way that makes you realise it's just an accumulation of many small goals, lots of small steps that you've managed to achieve and will continue to achieve.

**And this is where gratitude plays its important role.**

To be grateful for every positive thing that moves you along the right route to overall goal achievement.

Some people may think it sounds strange to constantly be grateful, to focus on some small thing that doesn't seem to have any major importance in the overall scheme of things.

But there are reasons for making sure you are, and do practice saying thank you, being pleased with what you did however small.

And these reasons can have a huge impact on how the larger goals continue to evolve.

**This is where I may have my critics, and all I can say is that if you have followed along so far - trust me on this.**

By saying thank you for all the small things you have and may achieve - **it focuses your mind on their achievement.**

This may sound strange - but by focusing on all the good things, however small, will have a lasting effect on the achievement of the larger goals.

Your mind will eventually be filled with gratitude for everything positive, and that can only lead to more positive things happening with regard to everything else you desire from life.

**To put the opposite perspective onto it**

- If you think constantly about the trivial negative things, your mind would be focused on the negatives that occur, being focused on them, you'll notice them more and more.

**Next thing you know, you'll think that everything always goes wrong... and then it will seem to!**

The net result could be an overall loss in drive and determination to getting done what needs to be done, and hence missing more goals, losing interest, until you finally give up!!

I hope I've explained that well enough for you to realise-

The folks that believe in things like "The Law of Attraction", or "Positive Mental Attitude" probably know what I mean... however rather than try and convince you to start believing in systems you may doubt, I wanted to portray it in a logical way that anyone can comprehend.

**Where the focus of your mind is** (*especially when you're not consciously thinking to yourself*) **is where you'll find yourself heading towards.**

**Therefore, if you are totally focused on the things you have to be grateful for... you will move towards more things to be grateful for!**

**For the disbelievers here's an experiment:**

Try driving your car (*in a safe environment*) or riding a bike, or even jogging down a pathway...

**Do you notice how you focus on where you're heading?**

**You always head towards your focus!**

**Now try again... this time** (*again for emphasis in a safe environment*) as you progress... **focus somewhere to the left or right...** anywhere apart from where you should be going...



**If you try it  
- you'll find that subconsciously – you  
can't help but start to drift off course and  
head towards where you're focused!**



**If you have ever had skid training with a qualified instructor in a vehicle... they will always teach you to keep your focus on where you want to be...**

**NOT where the car seems to be heading!**

So that concludes step 5....

And hopefully you've seen why you should review your larger goals by being grateful for all the small ones achieved.

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6. FEEL PASSION IN EVERYTHING YOU DO!

In Step 3 we discussed starting out with a Passion in whatever you want to do.

At the risk of sounding like I'm repeating myself, I'm going into passion again!

But this time you should already have your plans in place, you may even have made a start and already be achieving some of your smaller short term goals?

I do hope so.

And I also hope that you are beginning, at least, to find something to be grateful for every day.

So on with a **deeper dig into the passion side of things.**

As with anything worthwhile in life, I'm sure that whatever you've set out to achieve requires some work.

Oh no - the 'W' word - yeah sorry, it always finds its way into everything doesn't it?

OR DOES IT?

You see it's one of those words that people use as an easy description.

If effort is applied - it's automatically labelled work!

Why is that?

- I guess because at some point society labelled it such, and the majority of people always conform to the general wishes of society?

Who knows - and basically - who cares?

Just because society calls it work, does that mean we have to?

- I don't think so!

Here's my take on this, which may be easier to explain and understand if I give you my viewpoint on my personal current circumstances.

I Don't Work!

I do things that give me immense satisfaction, a lot of fun, companionship, camaraderie, and an income.

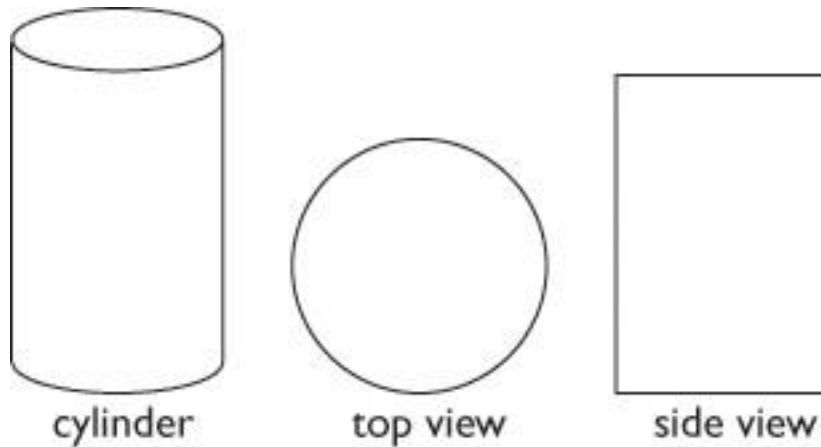
I have goals and targets, even deadlines... and there are certain aspects of what I do that may seem unpleasant to some.

But hey - everything always has different viewing points.

Look at a cylinder from different angles and you could see a circle, a rectangle or a cylinder. But which description would be correct?

Wouldn't that depend entirely on whether it could be moved, or whether the angle you're looking at it from is fixed?

If it's fixed and you only see the circle - well that's all you're ever going to see - **so it's a circle to you.**



I hope you're with me so far?

What I'm saying here is that **any task, any job,** and function you find yourself doing can be viewed from different points.

You may feel passionate about eating a great home cooked meal - but washing the dishes afterwards could seem like a loathsome job.

And this is where you may lose your passion?

This part of the passion isn't the original passion of doing what you love... it a different aspect of passion.

It's about looking at the little things that may crop up as a part of your goals and targets that you don't relish... things that are a part of what needs done - but are viewed as a chore and not the main passion.

A passion for boating may be thoroughly enjoyed when standing at the helm of your own boat, but how about when you come back into the marina, and all that's left is the cleaning of the whole boat.

Can you feel passionate about washing everything thoroughly to remove the corrosive sea water?

That's where the difference is, to be able to change viewpoint and see pleasure in the satisfaction of a job well done...

To see the future possibilities of a higher market value due to the excellent condition of your current boat, allowing you to upgrade to an even better one.

To see all those perspectives and remain passionate whilst cleaning.

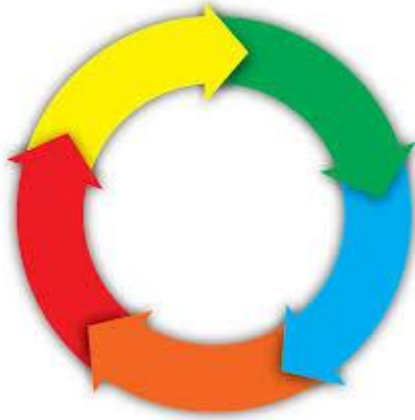
Whatever we are passionate about is sure to carry with it some aspect that others may be able to view as 'work' or even unpleasant drudgery...

However, if you can learn to see beyond that, to change viewpoints and see where the passion lies...

Then you will never 'work' again!

You will find it so much easier to find gratitude every day, and passion in everything you do...

It's like a circle going around itself - the more your viewpoint changes and the more passion you find, the more you see to be grateful for, and the more you enjoy striving and reaching all your goals.



The smaller goals and targets you hit, the more grateful you become - enabling even more viewpoints to be found in a multitude of tasks. Finding more ways to get passionate and no longer have to 'work' - but just enjoy living a passion and success filled life.

And Round It Goes Again - The More You.....

Feel Some Passion in Everything You Do

That concludes Step 6, and I truly hope you'll be inspired to get passionate about your life by re-looking at everything in it with new eyes, from a different viewpoint.

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## **7. REALISE THAT LIFE IS FOR LIVING... & GET ON WITH IT!**

We've reached our final step.  
Realise that Life is for Living....and get on with it.

There comes a time in all our lives when we realise that there are certain truths that we cannot escape from...

**The classic quote is that we can only ever be certain of 2 things.**

**'Death & Taxes!'**

Well I'm sure we can all debate one of those... with enough money it seems nearly possible to avoid one to a large degree... by giving it all to an expensive accountant and utilizing all the various schemes they seem to be aware of... ha-ha

Or we could just accept our own heartfelt duty to help society by giving our share gladly and hoping we have gained an income, sufficient to not worry about what we give.

**However, the other (*Death*) does seem to be unavoidable!**

And it's something I've never seen discussed in any sort of guide for living?... so, I do plan to discuss it here.

I'm hoping not to be morbid - but just to put across some **'food for thought'**, some opinions I want to share, in order to help you make some decisions about your life.

**We've establish that there's a high possibility of us all dying one day...**

**Well, here's my plan of action on that one:**  
*(Feel FREE to copy it)*

My Plan is basically a Two Parter. **Plan A and B**

## **Plan A**

I intend to be living a passion filled life where there is so much going on and so many new goals entering my field of play, Where I am so busy fulfilling my dreams and helping others to do the same, where everyone I'm in contact with is striving to fill their lives to the fullest capacity their imagination can handle...

**\*\* That I basically don't have the time to fit death into my schedule!! \*\***





## **Failing that It's on to Part Two, Plan B.**

### **Plan B is my back up plan**

If plan A seems to be working and I'm living life to such a full and passionate extent, well plan B is that...

**\*\* I'll be too busy to notice that I died! \*\***

**Now that might sound ridiculous to some** - but I assure you that I have seen too many people I care about start to go.

I know there's nothing I can do about it, save remember them fondly and the great times I had with them, or the lessons they helped teach me...

**But there is something that I did learn that really scares me to the brink...**

I learned that so many people all around the world unfortunately pass away with (*as I once saw quoted*)

**"Their Music Still Inside Them"**

They hadn't achieved all they wanted to achieve - they had things that caused people to wonder if they were thinking **"IF ONLY"** as some of their final thoughts!

And I'm sorry if that makes you sad and think of someone who may no longer be around.

But my reason for mentioning it is this...

**If I have to go** - then **I don't want ANY 'IF ONLY' THOUGHTS** passing through my mind!

**I want people discussing how much...**

**'I LIVED BEFORE I Died!'**

There are stories nearly every day of someone, who people say, died way too young and could have done so much more...

And there are also stories of people dying who seem to have crammed into their lives at least two lives' worth of living.

So when I talk of living with Passion and enjoying everything about life, I really mean it from the heart.

I want you to realise that this isn't a rehearsal - it is our only shot.

For those with people we care about - I want to tell you my thoughts...

I really want to set them an example - one that shows them **NOT** to accept that life is hard and that most people just struggle through and get by.

**Heck** - we already know that can seem to be the case.

**But these are people we care about - so what lessons do we really want to teach them?**

Well I'm hoping you're with me on this one, so I'll tell you my thoughts anyway.

## **The example I want to leave in their memories is this...**

That with a change of viewpoint - nearly anything can be done with Passion, and nearly everything can have an element of gratitude built into it.

And if we can always try to be grateful for the life we have, and find Passion in what we do...

Then at the very least however long we get, will have been a great time. And if they can just remember that I had a great time, and I want them to do the same -- Then maybe, just maybe, they too will find their passion and love their lives!

**Now I ask you....** Thinking of those you care about – Would you rather they found a life filled with passion?

If not for yourselves - isn't it worth searching for passion and gratitude if only to help those you care about?

In finishing off this 'work', this passion of mine, I invite you to join me in reading through these 7 Steps again.

**And this time really thinking about what you want from life.**

***And if you find that some of what I've said makes sense to you.***

***Then I truly hope you'll find the Passion and Achieve whatever you set out to do.***

In the meantime - I hope if nothing else that you...

Realise that Life is for Living....and get on with it.  
**(Passionately)**

**I liked to leave you with My Personal Motto as the last lines to read:**

**It's my definition of a Life of Passion...**

***Live it, Love it, Pass the Passion On!***

**Warm Regards**  
***Randy Smith***

**<http://RandolfSmith.com>**

